



FOR IMMEDIATE RELEASE

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**Sleep Center at Benedictine Hospital
Receives New Computer System and Software**

Kingston, N.Y. – Feb. 15, 2010 – The Dr. Joseph and Esther B. Hartman Sleep Center celebrated a one-year anniversary in 2009 at their new location on the Benedictine Hospital Campus, formally located at The Kingston Hospital. The move was part of the integration of services between Benedictine and Kingston Hospitals, members of HealthAlliance of the Hudson Valley®.

Approximately one-third of Americans suffer from some type of sleep disorder. Under the direction of Dr. Subooha Zafar, board-certified in Sleep Medicine, the Center utilizes state-of-the-art technology to collect data on brain waves, heart rhythm, eye movements, muscle activity, breathing and oxygen levels to treat common sleep disturbances including sleep apnea, insomnia, narcolepsy and snoring.

Because of a generous gift from the estate of Dr. Joseph and Esther B. Hartman, the Benedictine Health Foundation recently provided funds to purchase new computer system and software for the Sleep Center to meet the standards for accredited Sleep Centers regarding the acquisition of data set forth by the American Academy of Sleep Medicine (AASM). For further information on the Sleep Center call (845) 334-3126 or visit www.hahv.org.

The Benedictine Health Foundation supports the healthcare programs, services, and facilities of Benedictine Hospital, a member of HealthAlliance of the Hudson Valley®. For further information, contact Barbara Klassen, Executive Director, at (845) 334-3186.

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