



PRESENTING SPONSORS



 **CLUBWAKA**  
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Benedictine Health Foundation's

# Kick for Mental Health

## A Kickball Tournament

**FUN • FOOD • GAMES • PRIZES • MUSIC • KICKBALL!**

**Sunday, June 4, 2017 • Dietz Stadium, Kingston, NY • 10am – 2pm**

**REGISTER ONLINE: [benedictinehealthfoundation.org/kick-for-mental-health](http://benedictinehealthfoundation.org/kick-for-mental-health)**

**WHAT:** Kick for Mental Health – a fun filled day benefiting adolescent behavioral health services developed in partnership with educators and healthcare providers in Ulster County.

**WHY:** To help the Benedictine Health Foundation raise vital funds to support necessary services for our adolescent community - right here in Ulster County. You can partner with us to raise awareness and build support for one of the top health concerns facing our young people who suffer from behavioral health disorders.

“Teens are by nature at a crucial, formative time in their lives that requires our guidance, support and sensitivity. In addition to the inherent stress in their developmental stage, there are frequently genetic, environmental, psychological, social and emotional issues that create complexities that leave them struggling, often in silence, to find the strength and skills to manage, let alone succeed. As a community, we must raise awareness, provide education, facilitate understanding and give voice to the shame and stigma around mental health issues if we expect our adolescents to transition into healthy, functional, fulfilled adults.”

- Amy Kapes, LMSW, KHS Social Worker,  
DASA Coordinator

**WHO: You!** – recruit friends, family, co-workers, employees, club members and all other kickball fans!

**Ages 14 and older please!**

**FUN ACTIVITIES:** KICKBALL, Live DJ, Long Distance Kick Competition, Corn Hole, Can Jam, Raffle Prizes, Food, Beverages, & Ice Cream!

**SPONSORSHIP:** Multi-level sponsorship opportunities are available. Your high-visibility support benefits adolescents in our community and promotes your business services!

**ONLINE REGISTRATION & FUNDRAISING TOOLS:**

**[benedictinehealthfoundation.org/kick-for-mental-health](http://benedictinehealthfoundation.org/kick-for-mental-health)**

**CONTACT US:**

Benedictine Health Foundation  
(845) 334-3017 / 334-3186

**ROUND ROBIN FORMAT:** Each Team will play (3) 45 – 55 minute games.

**This is not a competitive elimination tournament, it is a family friendly, social “fundraising” tournament!**

**PRIZES:**

- Top Individual Fundraiser
- Top Fundraising Team
- Best Team T-Shirt Design
- Team Spirit Award

**GAME SLOTS:**

10am – 2pm (check in 1 hr. prior to start times to be assigned)

13 – 15 Players per Team (11 on Field)

**WAKA Rules Apply:**

**[www.kickball.com/rules](http://www.kickball.com/rules)**

**For information on local leagues for adults age 21+, please check out: [www.kickball.com/hudsonvalley](http://www.kickball.com/hudsonvalley)**

**We hope you can come out to play!**